



**Flip Cup Regatta  
Island Heights Yacht Club  
Saturday, July 14, 2018**

**FLIPPING INSTRUCTIONS**

**1 RULES**

The regatta will be governed by the rules as defined in *The Flipping Rules of Island Heights Yacht Club*.

**2 ENTRIES**

Competitors may enter by emailing Kate Scholes their Team Name and teammates and paying the \$30 per member entry fee by July 11th at IHYC.com or \$35 per person on site at 18:00 on July 14, 2018

**3 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located on the back porch of Island Heights Yacht Club.

**4 SIGNALS MADE ASHORE**

Signals made ashore will be displayed on the white board located on the back porch of the Island Heights Yacht Club.

**5 SCHEDULE**

A competitors' meeting will be held at 19:05 hours on the back deck of IHYC. The warning signal for the first race will be at 19:10. Subsequent races will be held as soon as possible after the end of the previous race.

**6 RACING AREA**

The racing area will be two (2) 6 foot tables on the back deck.

**7 COURSE[S] and MARKS**

The course will be windward leeward once around. Each competitor will be required to successfully flip two cups in the course of a race. Each cup will be filled to the designated line on each cup. No drink will be consumed while another team mate is in the process of flipping.

**8 STARTING SYSTEM**

The start of the race will the following system: Down, Up, Down, Drink. Where "Up" is a cheers to your competitor. The following team mate can not begin drinking until the predecessor has successfully flipped his cup.

**9 TIME LIMIT**

The time limit for each race will be the amount of time needed for the first place team to complete the course.

**10 PENALTIES AND PROTESTS**

All protests must be made known to the Judge during the race. A Judge's decision cannot be appealed. If the Judge raises a red flag a rule has been broken and then infracting team will be required to drink an extra half-cup per infraction and successfully flip the cup before completing the race. ■

Penalties: Any obstruction of an opponents flipping (i.e. blowing, swatting cup away, etc), OCS (flipping prematurely), not filling cup to minimum level (first line of red solo cup).

**11 SCORING**

The tournament will be double elimination. The winner of the final game will be the winner of the tournament.